



**The Menace Enterprises Inc.**  
presents the  
**2019 NPC/IFBB Dennis James Classic**

Welcome Athletes to the **2019 Dennis James Classic NPC Bodybuilding, Men's Physique, Men's Classic Physique, Women's Physique, Figure, Bikini along with IFBB Pro Men's Classic Physique.** We are very happy to have you and hope you enjoy the contest this year.

**MANDATORY ATHLETE CHECK-INS/WEIGH-INS**

IFBB PRO Athletes - Friday, May 24<sup>th</sup> – at 4:00pm

NPC Athletes - Friday, May 24<sup>th</sup> - beginning at 5:00pm till 8:00pm

**\*\*Note\*\*** You **MUST** show your **2019 NPC card/receipt** or purchase it at the check-ins.

Bodybuilders, Men's Classic Physique and Women's physique need to **bring their music on a CD** to turn in.

You will receive a **competitor number, badge and wristband** at check-in to wear on contest day.

**Location: Delta Hotels Phoenix Mesa 200 Centennial Way, Mesa AZ 85201 (480) 898-8300**

**VENUE AND MAIN EVENT**

Prejudging – Saturday May 25<sup>h</sup> – starting 9:00am – Lobby Doors Open at 8:00am

(Backstage Entry Doors Open at 7:30 am for Athletes with **Badges and Wristbands ONLY!**)

Finals – Saturday May 25<sup>th</sup> – starting 6:00pm – Lobby Doors Open at 5:00pm

(Backstage Entry Doors Open at 4:30 pm for Athletes with **Badges and Wristbands ONLY!**)

**Location: Mesa Arts Center One E Main Street, Mesa, AZ 85201 (480) 644-6500**

Please check with ProTan for your morning tanning times at the Venue.

**NO ATHLETE MEETING!**

Please refer to the attached **SCHEDULE OF EVENT** to see when you are in the line-up.

**PLEASE DO NOT MISS YOUR CLASS!!!**

When you arrive at the venue, make your way to the backstage area. Lobby opens as early as 8:00am.

Staff will be located throughout to assist you. Plus, there are lots of signs to help direct you.

**Please stay in the designated athlete areas so you don't miss hearing your number called.**

Once your class is getting closer you will be called by number to begin your line up.

**The Stage Expeditors will give you very clear details on what you will be doing and how to do it.**

You will be moved through, toward the stage in line up order so stay in the line.

If you are in multiple classes/division, please check with the stage expeditors before you the leave area.

Cross Over athletes may be going right back on stage or may be split times on stage.

Be sure you check the **SCHEDULE OF EVENTS** to know the order of the classes you are entered in.

After prejudging is complete there will be a break until 6:00pm when the finals begin.

**Finals stage time begins at 6:00pm**, the lobby doors open at 5:00pm.  
Check with ProTan for **Finals** touch up times before you leave prejudging.  
Be sure to again check your **SCHEDULE OF EVENTS** to see the **FINALS ORDER**.  
**NOTE: PREJUDGING AND FINALS ARE NOT IN THE SAME ORDER!**



**\*REMINDER\* ALL ATHLETES MUST BE FULLY COVERED UP WITH LONG PANTS, LONG SLEEVE SHIRTS AND SHOES ON TO ENTER VENUE AUDITORIUM AND LOBBY.**

## **TICKETS**

Prejudging and Finals Tickets are now available  
**Mesa Arts Center One E Main Street, Mesa, AZ 85201 (480) 644-6500**

## **TANNING**

Pro Tan is our title tanner for this event.

Please visit [protanusa.com](http://protanusa.com) to schedule your appointment

## **HAIR & MAKE-UP**

Focal Point Salon & Spa

480.563.9966

Book online: [focalpointsalonspa.com](http://focalpointsalonspa.com)

Contact Michelle Rae

480.369.0396

Book online: [www.makeupbymichellerae.com](http://www.makeupbymichellerae.com)



## **PRE-JUDGING**

**9:00AM**

BODYBUILDING – MASTERS 40+ (1 CLASS)  
BODYBUILDING – NOVICE (2 CLASSES)  
BODYBUILDING – UNLIMITED (5 CLASSES)  
WM. PHYSIQUE – UNLIMITED (1 CLASS)  
MEN'S PHYSIQUE – MASTERS 45+ (1 CLASS)  
MEN'S PHYSIQUE – MASTERS 35+ (1 CLASS)  
MEN'S PHYSIQUE – NOVICE (2 CLASSES)  
MEN'S PHYSIQUE – UNLIMITED (5 CLASSES)  
IFBB PRO MEN'S CLASSIC PHYSIQUE  
FIGURE – MASTERS 50+ (1 CLASS)  
FIGURE – MASTERS 45+ (1 CLASS)  
FIGURE – MASTERS 35+ (2 CLASSES)  
FIGURE – NOVICE (1 CLASS)  
FIGURE – UNLIMITED (3 CLASSES)  
CLASSIC PHYSIQUE – UNLIMITED (2 CLASSES)  
BIKINI – MASTERS 45+ (1 CLASS)  
BIKINI – MASTERS 35+ (2 CLASSES)  
BIKINI – NOVICE (3 CLASSES)  
BIKINI – UNLIMITED (6 CLASSES)



**FINALS**

**6:00PM**

NATIONAL ANTHEM

BODYBUILDING – MASTERS 40+ (1 CLASS)  
BODYBUILDING – NOVICE (2 CLASSES)  
WM. PHYSIQUE – UNLIMITED (1 CLASS)  
WM. PHYSIQUE – OVERALL  
MEN'S PHYSIQUE – MASTERS 45+ (1 CLASS)  
MEN'S PHYSIQUE – MASTERS 35+ (1 CLASS)  
MEN'S PHYSIQUE – NOVICE (2 CLASSES)  
BIKINI – MASTERS 45+ (1 CLASSES)  
BIKINI – MASTERS 35+ (2 CLASSES)  
BIKINI – NOVICE (3 CLASSES)  
IFBB PRO MEN'S CLASSIC PHYSIQUE  
BODYBUILDING – UNLIMITED (5 CLASSES)  
BODYBUILDING – OVERALL POSE DOWN  
BODYBUILDING – OVERALL WINNER  
GUEST POSER – DENNIS WOLF  
FIGURE – MASTERS 50+ (1 CLASS)  
FIGURE – MASTERS 45+ (1 CLASS)  
FIGURE – MASTERS 35+ (2 CLASSES)  
FIGURE – NOVICE (1 CLASS)  
FIGURE – UNLIMITED (3 CLASSES)  
FIGURE – OVERALL  
CLASSIC PHYSIQUE - UNLIMITED (2 CLASSES)  
CLASSIC PHYSIQUE – OVERALL  
MEN'S PHYSIQUE – UNLIMITED (5 CLASSES)  
MEN'S PHYSIQUE – OVERALL  
BIKINI – UNLIMITED (6 CLASSES)  
BIKINI – OVERALL